## PLATEAU GOBBLER GALLOP



## Saturday, November 26, 2011

## Part of 33rd Annual Tennessee State Park Running Tour

**CUMBERLAND MOUNTAIN STATE PARK, Crossville TN.** Park info 931-484-6138.

**Directions:** From Nashville, take I-40 East to the Crossville exit 317. Go 9 miles through Crossville on Hwy 127. Turn right at Homestead and follow Hwy 419 into the park (1 mile). Turn left before the bridge to the Lodge.

Start and Finish: at the Swimming Pool Lodge. The 11K (6.8 Mi) starts at 11:00 AM CST.

**Course:** starts at parking area to turn right on Hwy 419 up to the right on Hwy 127. Turn right on Old Mail Rd, then right on Coon Hollow Ln. Turn right across the field to connect with Park Rd. Cross the dam and turn right to the finsh at the lodge. Every mile is marked.

## **Link to Interactive Map:**

http://www.runningahead.com/maps/7d4f0b53dbed4c1e9139da4a898c62e0

**Long Sleeve T-shirt:** guaranteed to all pre-registered runners.

**Awards:** Five-year age groups with 3 awards in each category from 15 to 65+. Special awards to overall male and female winners.

Pre-registration Deadline: November 19, 2011. Race day registration from 9:30 - 10:45 a.m.

Race Director: Tony Cox, Frostbite Running Club (615-773-8785). Email: <a href="mailto:Tcox@tntech.edu">Tcox@tntech.edu</a>.

**Entry Fee:** \$19.00 payable to Gobbler Gallop or \$6.00 without shirt. (Late fee, including race day, without T-shirt \$13.00)

Mail registration to: Gobbler Gallop

4000 Old Lebanon Dirt Rd

Mt Juliet, TN 37122

**Link to Registration Forms**